

PITCH MENU



Summer '19

**Please ask if you have any dietary
requirements or need allergen**

Information

Key:

V – Veggie | Ve – Vegan | GF – Gluten Free | GFO – Gluten Free Options | P – Pescatarian

BREAKFAST

FULL WELSH - £7.50 (GFO)

Pork & Leek Sausage, Thick Bacon, Hash Brown, Beans, Grilled Tomato, 2 Fried Eggs and Toast.

FULL VEGGIE - £7.50 (V, GFO)

Grilled Halloumi, Glamorgan Sausage, Wilted Spinach, Hash Brown, 2 Fried Eggs, Beans, Grilled Tomato & Toast.

FULL VEGAN - £7.50 (VE, GFO)

Glamorgan Patty, Wilted Spinach, Hash Brown, Mushrooms with Truffle Oil, Beans, Grilled Tomato & Toast.

MILL LANER – £10.00 (GFO)

One for the larger appetites: 3 Rashers of Bacon, 2 Pork & Leek Sausages, Grilled Tomato, 2 Hash Browns, 3 Fried Eggs, Beans & Toast.

PITCH EGGS (GFO)

2 Poached Eggs With Hollandaise Sauce, Served on Toasted Muffins With Your Choice Of:

BACON - £7.00

SMOKED SALMON - £7.50 (P)

WILTED SPINACH - £6.50 (V)

BLACK PUDDING - £7.50

GRILLED HALLOUMI - £7.00 (V)

Add Any Item From The Breakfast Menu For £1 Extra.

BACON OR SAUSAGE ROLL - £4.00 (GFO)

2 Pork & Leek Sausages or Local Bacon Rashers served in a fresh Roll from the Market.

BREAKFAST ROLL - £4.50 (GFO)

Choice of ANY 2 Breakfast Items served in a fresh Roll from the Market.

STEAK AND EGGS - £11.50 (GF)

8oz. Sirloin Steak With 2 Poached Eggs, Served with Freshly Made Hollandaise Sauce.

PANCAKE STACK

Homemade Pancakes With a Choice Of Toppings:

BACON & SYRUP - £6.50

PULLED PORK - £6.50

HALLOUMI & SYRUP - £6.50 (V)

FRESH FRUIT - £6.00 (V)

BUTTER - £5.50 (V)

SYRUP - £5.50 (V)

BREAKFAST & BRUNCH IS SERVED FROM 10AM UNTIL 2PM DAILY

**ASK US ABOUT OUR
BOTTOMLESS PROSECCO
BRUNCH OPTIONS - £25 P/P**

SOMETHING TO SHARE IN THE SUN?

MEAT SHARING BOARD - £12.50 (GFO)

Lamb Kebabs, Chicken Lollipops, &
Belly Pork Bites to Share, Served with a
Garlic Crusty Cob, Coleslaw, Salad &
Dips

VEGAN SHARING BOARD - £10.50 (VE, GFO)

Vegan Glamorgan Bites, Olives, Chickpeas
& Hummus to Share, Served with Bread,
Vegan Dips and a Warm Beetroot, Sweet
Potato & Garlic Roast Pot

SALADS

PITCH CAESAR - £7.50 (P)

Traditional Caesar Salad with Crispy Bacon,
Parmesan Cheese, Creamy Caesar Dressing
& Crunchy Croutons.

Add Chicken £2.50 or Avocado £1.00

HALLOUMI, BEETROOT & SWEET POTATO - £7.50 (V, GF)

Mixed Leaf Salad With Cucumber, Tomatoes,
Beetroot, Sweet Potato & Grilled Halloumi.
Tossed in a Lemon & Basil Dressing.

Add Chicken £2.50 or Avocado £1.00

POMEGRANATE, CITRUS & CHICKPEA - £7.50 (VE, GF)

Baby Leaf Salad, Ribbons of Carrot &
Cucumber, Pomegranate & Chickpeas,
Tossed in a Citrus Dressing

Add Avocado £1

SALMON & AVOCADO (P, GF) - £11.50

Mixed Leaves & Spinach Tossed With
Pumpkin Seeds in a Lemon Dressing,
Topped with Smoked Salmon & Avocado.

TO START

BREADED CALAMARI - £5.00 (P)

Served with Tartare sauce.

CHICKEN LOLLIPOPS - £5.00 (GF)

Served with Sweet & Sour dip.

LAMB KEBABS - £5.50 (GF)

Served with Mint Dip.

WILD GARLIC MUSHROOMS - £5.00 (VE, GFO)

Served with Garlic & Truffle Oil.

GLAMORGAN BITES - £4.50 (VE)

Served with Salsa.

MAINS

PORK BELLY WITH CRISPY

CRACKLING - £12.50 (GFO)

Served With Vegetables & a Bramley Apple Sauce.

Or Add One Of the Following Glazes For £1.00 :

MARMALADE - COCA-COLA

CLASSIC BBQ - WHISKEY

LAMB SHANK - £15.50 (GFO)

Slow Cooked Lamb Shank, Served With Roasted Potatoes, Seasonal Vegetables and Smothered In Homemade Gravy.

PASTA OF THE DAY - £10.50 (V)

Please Ask One of our Team For Today's Dish. Available for Both Meat Lovers (+£1.50) & Vegetarians.

8oz SIRLOIN STEAK - £16.50 (GF)

Cooked Your Way With A Choice Of Toppings:

Grilled Mushrooms or Peppercorn Sauce or Perl Las Topping

With Triple Cooked Chips Salad Garnish & Pitch 'slaw.

CHICKEN GORWYDD GLAS - £12.50 (GF)

Chicken Breast Generously Wrapped with Bacon, Oozing & Covered with Our Rich Gorwydd Cheese Sauce, Served with Potatoes & Seasonal Vegetables.

BASS IN A BAG - £14.50 (P, GF)

Filleted Sea Bass Fresh From Cardiff Market, on a Bed of Seasonal Vegetables, Wrapped in Parchment & Oven Baked To Perfection, & Served with Our Roasted potatoes.

NAN'S LAMB CAWL - £10.50 (GFO)

It Doesn't Get More Traditional Than This, Paul's Nan's Lamb Cawl, Slow Cooked To Perfection Over 12 Hours, Served with Grilled Welsh Cheese on Toast.

SIDES (V)

Chips - £3.00 (add cheese 50p)

Garlic Crusty Cob - £3.00 (add cheese 50p)

Onion Rings - £3.50

Halloumi - £3.50

BURGERS

ALL SERVED WITH TRIPLE
COOKED CHIPS & OUR
HOMEMADE PITCH 'SLAW IN
FRESH CRUSTY COBS DIRECT
FROM CARDIFF MARKET.

“HOFF” BURGER - £11.50 (GFO)

Not After Our Adopted
Welshman Mr. Hasselhoff, But
Welsh for “Favourite”. A Solid
8oz Beef Patty With Any Two Of
The Following Toppings:

WELSH CHEDDAR
BLUE CHEESE
CRISPY BACON
ONION RINGS
FRIED EGG
AVOCADO
MUSHROOM
RAREBIT
HUMMUS

GLAMORGAN BURGER - £10.50 (VE, GFO)

Homemade Glamorgan patty
With Hummus, Served With
Vegan Coleslaw.

CHICKEN & GORWYDD BURGER - £11.50 (GFO)

Butterflied and Grilled to
Perfection & Smothered in
Gorwydd Cheese.

PULLED PORK BURGER - £11.50 (GFO)

Smoked Pulled Pork Collar,
Cooked for 12-Hours in a BBQ
Sauce.

SIDES (V)

Chips - £3.00 (add cheese
50p)

Garlic Crusty Cob - £3.00
(add cheese 50p)

Onion Rings - £3.50

Halloumi - £3.50



PITCH KIDS

BREAKFAST - £3.00

Bacon, Sausage, Beans, Egg & Toast.

PANCAKES - £3.00

Syrup
Bacon & Syrup or
Fruit & Ice Cream

SANDWICHES - £3.00

Roast Chicken
Cheese Melt

MAINS - £5.00:

Egg, Chips & Beans.
Grilled Chicken with Potatoes,
Veggies & Gravy.
Burger & Chips

DOORSTOP SANDWICHES

Served Mon – Sat Until 5pm.
Fresh Bread from Cardiff Market,
Your Choice of White or Brown.

**Ham & Caerphilly Cheese
Toastie - £5.50**

**Chicken, Bacon & Avocado -
£6.00**

**Salmon & Cream Cheese - £6.00
Steak & Onion - £6.50**

Pulled Pork - £6.00

**Beetroot, Avocado & Vegan Lime
Mayo - £5.50 (VE)**

Mill Lane Club Triple Decker - £7.50

Add Triple Cooked Chips For £1.80,
Add Extra Bacon £1.00 or
Cheese For 50p.

PITCH SUNDAY BOARDS

Served Sun 12PM – 6PM
For Two To Share With Roasties,
Yorkshires, Locally Sourced
Vegetables & Tasty Rosemary
Gravy.

BEEF, BELLY or BIRD - £24.00

Whole Roast Chicken
Topside of Beef or
Slab of Belly Pork With Crispy
Crackling

GLAMORGAN SAUSAGE - £19.00 (V)

EXTRAS:
Yorkshire – 75p
Vegetables - £1.50
Roasties - £2.50

DESSERTS

BISCOFF

CHEESECAKE - £5.00

Served with your Choice of Double Cream or Vanilla Ice Cream.

CHEF SALVO'S BROWNIES £5.00

Made with Chef Salvo's 30 Year Old Family Recipe, Served with Either Fresh Cream or Vanilla Ice Cream.

COOKIE DOUGH & ICE CREAM- £5.00

Homemade Cookie Dough Served with Vanilla Ice Cream, Made Fresh To Order, Please Allow 15 Minutes.

CHEESEBOARD- £7.50

A Selection of Finest Welsh Cheeses, with Crackers, Red Onion Chutney.

KEY LIME PIE - £5.00

American Style Baked Dessert, Perfect with Sun & Prosecco! Served with Either Fresh Cream or Vanilla Ice Cream.

We like you following us

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F: Pitch Bar & Eatery

AFTERNOON TEA

CLASSIC - £15 PER HEAD

A selection of Homemade Cakes & Sandwiches, Fresh Warm Scones, with Jam & Cream plus Your Choice of Tea or Coffee.

WITH PROSECCO - £20.00 OR HENDRICKS TEAPOT £25.00

Please book 24hrs in advance.

